When Children Won’t Eat:
Picky Eaters vs. Problem Feeders
Assessment and Treatment Using the SOS Approach to Feeding

Learning Objectives

At the end of this course, participants will be able to:

1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
2. Recognize and describe the major reasons why children won’t eat, as based on learning theory principles.
3. Identify physical, behavioral, oral-motor, and sensory factors as part of a Feeding Assessment.
4. Apply behavioral and social learning principles and systematic desensitization to feeding problems.
5. Create and implement a S.O.S. feeding program for infants, toddlers and young children, in group and individual treatment formats.

Location / Dates
134 Infield Court
Mooresville, NC 28117
Sept. 28–Oct. 1, 2017

Super Early Registration
Now–March 31st: $150 off!

Early Bird Registration
April 1st – June 1st: $100 off

Early Registration
June 2nd – August 15 2017: $50 off

Regular Registration
August–October 2017: $795

Visit our website for more info

Please visit our website
http://pediatricadvancedtherapy.com/continuinged.php
for information about upcoming courses

www.pediatricadvancedtherapy.com/continuinged.php
When Children Won’t Eat: Picky Eaters vs. Problem Feeders. Assessment and Treatment Using the SOS Approach to Feeding

Instructor Bio

Dr. Kay Toomey is a Pediatric Psychologist who has worked with children who don’t eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children’s Hospital – Denver’s Pediatric Oral Feeding Clinic, as well as the Rose Medical Center’s Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey is currently the President of Toomey & Associates, Inc., as well as the Clinical Director of SOS Feeding Solutions at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller.

Dr. Erin Sundseth Ross is a Speech Pathologist with a Doctoral degree in Clinical Sciences – Health Services Research. She completed a two-year post-doctoral training in the Section of Nutrition and is a Clinical Instructor in the School of Medicine, Department of Pediatrics, at the University of Colorado Denver. Dr. Ross has over 25 years of experience working in the NICU within several HealthONE hospitals, and with children at the SOS Feeding Solutions clinic in Denver, Colorado. Dr. Ross is the creator of the SOFFI MethodSM, a feeding program for use in the NICU. She has specialized in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children from initial hospitalization through the first 5 years of life.

Lindsay Beckerman, MOT, OTR/L received her Master of Occupational Therapy degree from The Ohio State University. She currently works as a pediatric feeding specialist at SOS Feeding Solutions at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller. She specializes in feeding difficulties in atypical learners, including children and teens with Autism Spectrum Disorders, ADHD, and multisensory processing difficulties. Prior to joining STAR Institute, Lindsay worked as a member of a multidisciplinary team with Autism Spectrum Disorders, SPD, emotional/behavioral disorders and feeding problems. Additionally, Lindsay has completed the STAR Institute’s Level 1 and Level 2 Intensive Mentorship Programs and is a certified DIR Floortime Provider.

STATEMENT OF FINANCIAL AND NON-FINANCIAL RELATIONSHIPS

Dr. Kay A. Toomey
• Paid Consultant for Nestle Infant Nutrition (Gerber division);
• Unpaid Medical Professional Council Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.);
• Paid Speaker for Education Resources, Inc.;
• Paid Speaker for STAR Institute for Sensory Processing Disorder

Dr. Erin S. Ross
• Paid Consultant for Nestle Infant Nutrition (Gerber division);
• Unpaid Medical Professional Council Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.);
• Intellectual Property Owner, SOFFI MethodSM;
• Paid Speaker for Education Resources, Inc.;
• Paid Speaker for STAR Institute for Sensory Processing Disorder

Dr. Lindsay Beckerman
• Paid Speaker for Education Resources, Inc.;
• Paid Speaker for STAR Institute for Sensory Processing Disorder

Course Description

This conference is designed to help professionals assess and treat children with feeding disorders and other feeding difficulties using the SOS Approach to Feeding. The Sequential Oral Sensory (S.O.S.) Approach to Feeding is a transdisciplinary program for assessing and treating children with feeding difficulties and weight/growth problems of all ages, with a special focus on children from 6 months to 7 years old. It integrates posture, sensory, motor, behavioral/learning, medical and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems. The focus will be assessing and treating babies, toddlers and young children with Feeding Difficulties and Feeding Disorders. This includes “problem feeders” who may have mild to moderate neurological impairments and/or medical disorders, children with Autism Spectrum disorders, children with motor, oral-motor and/or sensory dysfunction, as well as the “picky eater”.

Other ages and special populations are covered in depth in the Advanced Workshops at www.sosapproach.com/sos-advanced

Who should attend

• Speech Pathologists
• Psychologists
• Special Educators
• Occupational Therapists
• Social Workers
• EI Specialists
• Nurses
• Physicians
• Dieticians
• Mental Health Workers
• Other Child Care Providers and Educators
Course Schedule

Day One - Thursday (7:30-5:00)

7:30-8:00 Registration
8:00-10:00 I. Introduction
   A. Prevalence
   B. What do we know from the Research?
   C. Tenets of SOS
10:00-10:15 Break
10:15-noon II. Feeding Theory - How children learn to AND not to eat
   A. Learning Theory
      1. Feeding Therapy options
      2. Video
   B. Myth 1 = Breathing
   C. Motor Skill Acquisition
   D. Oral-Motor Skill Acquisition
   III. Treatment/Interventions
      A. General Strategies
12:00-1:00 Lunch
   On Your Own
   B. Myth 1 = Breathing
   C. Motor Skill Acquisition
   D. Oral-Motor Skill Acquisition
   E. Neurosensory Skill Acquisition
   F. Steps to Eating

Day Three - Saturday (8:00-5:00)

8:00-10:00 IV. Assessment of Feeding Problems - continued
   A. Systematic Desensitization
   B. Cues to Eating
   C. Language Use
10:00-10:15 Break
10:15-noon V. The SOS Approach to Feeding - Therapy Sessions - continued
   A. Systematic Desensitization
   B. Practice Videos
   I. Parents’ Experience
1:00-3:00 V. The SOS Approach to Feeding - Therapy Sessions - continued
   D. Therapy Format - Child
   E. Therapy Format - Parent
   F. SOS Data
   G. Building a Food Hierarchy
   3:00-3:15 Break
   3:15-5:00 V. The SOS Approach to Feeding - Therapy Sessions - continued
   H. Building a Food Hierarchy

Day Two - Friday (8:00-5:00)

8:00-10:00 II. Feeding Theory - continued
   G. Developmental Food Continuum
   H. Cognitive Development
10:00-10:15 Break
10:15-noon II. Feeding Theory - continued
   I. Psychological Developmental Stages
   III. Treatment/Interventions
      A. General Strategies
12:00-1:00 Lunch
   IV. Assessment of Feeding Problems - continued
      A. Assessment Process
      B. Referral Candidates
      C. Reasons Children Won’t Eat
      D. Child Factors
      E. Environmental Factors
      F. Parent Factors
      G. Practice Video

Day Four - Sunday (8:00-3:15)

8:00-10:00 V. The SOS Approach to Feeding - Therapy Sessions - continued
   I. Hierarchy Strategies - Moving Children Up the Steps
10:00-10:15 Break
10:15-noon J. Practicing Hierarchy Strategies
   K. Video: Progression Within Session
12:00-1:00 Lunch
   ** Participants are expected to attend the course for the entire length of each day (8am to 5pm, Days 1-3), and to stay at the course until 3:15pm on the last day in order to receive their Certificate and their full CEU credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early.

CEU Policy

Pediatric Advanced Therapy is an AOTA Approved Provider of Continuing Education. This course is approved for 2.85 CEUs (28.5 contact hours). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Cancellation Policy

A refund/voucher towards future course will be issued to all participants when a course is cancelled. This will be completed by check payment or credit card refund, dependent on method of payment utilized by course attendee. Option to select voucher/refund at the participants preference.

Cancellations received no less than 10 days before the course are refundable minus a $50 administrative fee. No refunds will be issued for cancellations after this deadline.

Return registration form by mail, email or fax to:

Pediatric Advanced Therapy
Mail: 134 Infield Court
Mooresville, NC 28117
Fax: 704-799-6825
Email: continuinged@pediatricadvancedtherapy.com
Contact by Phone: 704-799-6824
Registration Form

Name ____________________________________________________________
Address __________________________________________________________
Phone __________________________
E-mail __________________________
AOTA membership number __________________________
☐ OT  ☐ SLP  ☐ PT  ☐ Other _______________
☐ Please send me information regarding lodging nearby
☐ I require accommodations due to physical/sensory/emotional special need
   We will contact you once we receive your registration form so that we can know how to best meet your needs

Payment Required For Registration
Check, credit card, PO# MUST accompany Registration Form

Price ______ x Quantity ______ = TOTAL ______

☐ Check enclosed payable to Pediatric Advanced Therapy
☐ PO# __________________________
☐ Visa  ☐ MC  ☐ Amex  ☐ Discover

Cardholder’s Name __________________________

Card #: __________________________

Exp. Date __________ 3 Digit CSC/CVC __________

PLEASE RETURN ENTIRE PANEL

Category | Date | Price
--- | --- | ---
Super Early Registration | Now-March: $150 off!!! | $645
Early Bird Registration | April 1-June 1: $100 off | $695
Early Registration | June 2-Aug. 15: $50 off | $745
Regular Registration | August-October 2017 | $795

Instructions for Groups of 3 or More
You may pay individually or as a group. Indicate group name here and total # of people signing up under that name. Name: ___________________ # ______

When Children Won’t Eat: Picky Eaters vs. Problem Feeders. Assessment and Treatment Using the SOS Approach to Feeding

Location / Dates
134 Infield Court
Mooresville, NC
Sept. 28-Oct. 1, 2017

Learning Objectives
Participants will be able to:
1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
2. Recognize and describe the major reasons why children won’t eat, as based on learning theory principles.
3. Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment.
4. Apply behavioral and social learning principles, and systematic desensitization to feeding problems.
5. Create and implement a S.O.S. feeding program for babies, toddlers, and young children in group and individual treatment formats.